	UNIT 4 NAME	Acquire and appreciate food safety habits for healthy eating.	Identify the different forms of food preservation.	Know the meaning of a healthy diet.	Acquire and appreciate habits for healthy eating.	Know about the importance of medical check-ups in order to prevent illness.	Match sports equipment to the appropriate sport.	Identify who is carrying a heavy bag and could hurt his/her back.	Identify key information on a food label.	Understand information and acquire vocabulary in relation to a healthy diet, health and the prevention of accidents.	Actively participate in cooperative work activities.
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